



## **Benefits and Activities:**

- Keep up to date receive a resource monthly article; video clip, audio file; transcript
- Reflect and Develop participate in a lively, creative, and curiosityfilled discussion focused one or more of the ICF core competencies. Learn from each other's practice, questions, and reflections
- Self-study in your own time review via recordings- for your personal use
- Stress-proof your coaching practice support as needed between monthly group meetings via confidential client log
- ICF CCEUs eligible for 10 CC CCEUs for each semester package



## 2018 Options – Online

Monthly sessions of 120 mins each. Max 10 people per group.

Online via Zoom. Dialing in by landline or mobile works too No travel and parking stress Collect CC CCE points towards ICF credential or renewal

Early Bird Group – 1 x month on a Friday 7:30–9:30 south African Time
Other time zones: Malaysia & Singapore 13.30-15.30;
Sydney 16.30-18.30 summer, 15.30-17.30 winter; CET 6.30-8.30 winter, 7.30-9.30 summer

Semester 1: 09/02; 23/03; 20/04; 25/05; 22/06 Semester 2: 13/07; 17/08; 21/09; 12/10; 23/11





## **Costs and Signing Up**

- Semester Packages you can sign-up for both semesters, or just one.
- In Full Upfront Package: R2 300; AUD 250; MYR 750; SGD 250; Euro 160
- Or pay in 5 monthly instalments R500; AUD 55; MYR 165; SGD 55; Euro 65
- Pay by EFT or via PayPal -credit card option
- V New Signup Bonus Refer a colleague who's a new signup you receive 15%
- To book your place: E-mail svea@solutionfocusedfutures.com
- Enquiries: Svea +27 (0) 72 533 9626 call, text or whatsapp

Together, let's enhance your expertise, excellence, and enjoyment as an ICF-aligned Professional Coach